

FOR IMMEDIATE RELEASE

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Press Contact: Cheryl Avery
cavery@spauldingyouthcenter.org or 603.286.8901



Spaulding Youth Center Enjoys Winter Carnival Celebration

Northfield, NH – Spaulding Youth Center recently celebrated its annual Winter Carnival as part of their Experiential Challenges Outdoors (EChO) program. This year’s Winter Carnival introduced a *Myths and Legends* theme and offered a wide array of exciting activities and events for students and staff to participate in.



The celebration included a meet and greet with a dog sled team, where each classroom had the opportunity to spend time with the dogs and learn about the adventures of dog sledding, complete with a demonstration. Students also enjoyed various carnival games, a cardboard sled derby and delicious treats, such as hot cocoa and cookies. Themed events included a Minotaur Maze, Jack and the Bean-Bag Stock, Kraken-Smakin Ski-ball, Shields of Perseus, Knights Out and The Tinfoil Skiers Craft Table.

“Students and staff look forward to the Winter Carnival every year,” said Jason Sterner, EChO Outdoor Education Coordinator. “Our EChO program provides our students with valuable learning experiences while participating in activities that can be enjoyed outside during the winter. We are extremely proud to offer these unique opportunities at Spaulding Youth Center.”



The EChO program at Spaulding Youth Center was built on the belief that every student should have the opportunity for the kind of growth that comes from real adventure. With carefully-planned and designed activities as well as cutting-edge adaptive equipment and techniques, students learn to embrace challenges and take positive risks in a variety of year-round outside activities.



ABOUT SPAULDING YOUTH CENTER

Spaulding Youth Center is a leading provider of services for children and youth with neurological, emotional, behavioral, learning and/or developmental challenges, including Autism Spectrum Disorder. Services include academic, behavioral health, residential, foster care, health and wellness and family support. Spaulding Youth Center is a tax-exempt 501 (c)(3) nonprofit. For information about Spaulding Youth Center, visit www.spauldingyouthcenter.org.

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