



# Spring 2017

*every child deserves a childhood*

## Recognizing Accomplishments, One Week, One Day and One Behavior at a Time

PBIS is a proactive approach to establishing the behavioral supports and social culture needed for all students in a school to achieve social, emotional and academic success. PBIS emphasizes clear behavioral expectations, reinforcing positive behaviors and using non-punitive methods to address challenging behaviors. This approach treats each interaction between the adult and student as an instructional moment, where behavior can be modeled, taught and reinforced.



Students utilize a five-tier level system based on meeting the expectations for that level as well as other program

expectations, such as progress in counseling, school, and in the residence. Progression from one level to the next is predicated on meeting the expectations outlined at the student's current level, earning a prescribed percentage of points, and receiving favorable recommendations from the student's residential counselor, academic teacher, and clinician. The last step calls for the student to present this information and make his or her case to the Levels Board, a group comprised of program directors.

Rewarding students for following behavioral expectations not only provides a positive approach to decreasing negative unwanted behavior but also has been found as more effective by research studies. In line with these findings, Spaulding Youth Center School hosts a weekly award ceremony on Friday afternoons to recognize students' accomplishments during the week. Highlights include a funny riddle to solve, individual student awards from each classroom, and Kotcha Card recognitions. A Kotcha Card is earned by a student during the week from staff who witness the student going above and beyond in being Safe, Respectful and Responsible or Making Healthy Choices. This ceremony is an energizing and uplifting way to end the week!

## New Leadership for the New Year

The new year brought some exciting developments at Spaulding Youth Center. Earlier in the year, we shared a warm farewell with Jim Clements as he retired as Interim CEO of Spaulding Youth Center. Jim provided innovative leadership and will actively continue to be an advisor and friend to Spaulding.

In January, Susan Ryan joined the team as the Chief Executive Officer and President of Spaulding Youth Center. Susan's diverse professional experience and proven leadership capabilities provide an exceptional foundation for continued progress in our programs and services. With over 25 years of executive leadership experience and strong desire to support the mission at Spaulding, she is a wonderful addition to the organization.



In February, Todd Emmons joined the management team as the Chief Financial Officer. He brings over thirty years of experience managing finances and operations for higher education institutions throughout New England. With his extensive expertise, Spaulding Youth Center is poised to reach its full potential and achieve the next level financially.



These strategic additions to the Spaulding Youth Center's leadership team will support our mission to provide high-quality academic, clinical, residential and community-based services to our students and children - who are the heart of our organization. Susan and Todd's presence have ignited a significant reinvigoration on campus and we are all excited to be a part of the continued growth and development.

## CHALLENGING ASSUMPTIONS THROUGH ADVENTURE

All year, our Experiential Challenges Outdoors (EChO) program provides true adventure for our students every week. Below is a quick summary of all that the students achieved in the past year:



Mountains Climbed: **10**



Miles Paddled: **100+**



Water Intake During EChO: **200+ gallons**



Biking Distance: **170 miles**  
*(to Boston and Back)*



Zip Line Distance Ridden: **3,000 ft.**

Vertical Feet Reached on Climbing Wall: **6000 ft.**

Flying Squirrel Flights: **150**

Smiles and Laughter Counted on EChO Adventure: **Countless!**





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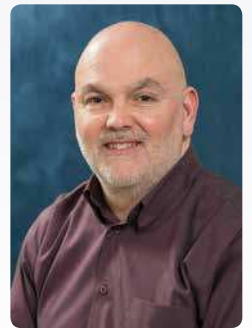


## *From Start to Finish, It's All About the Kids*

Pat Seaward-Salvati is what some may consider a lifer, but that is no sentence to this dedicated human services advocate. Even before graduating from Penn State in 1977, Pat worked with the Boys & Girls Club in Philadelphia and knew he was destined to support the needs of kids and families.

Since then, he has earned extensive experience working with youth and adults, developing early intervention and behavioral programs for youth, managing court diversion programs, and providing counseling, consulting, and training to individuals, families and educational representatives. Most recently, Pat developed and implemented the Spaulding Youth Center Community-Based ISO Foster Care Program, which he also directed until April 2014. Pat's current focus is as Admissions Director, managing all inbound referral requests and admissions outreach to School Administrative Unit (SAU) representatives and state agencies.

Not surprisingly, Pat's favorite things about Spaulding Youth Center are the start and the finish of the admissions process. From the onset, Pat enjoys connecting families and children to the services they need. Of course, this connection would not be as valuable without witnessing the individual's success at the time of discharge, after receiving needed services, growing as an individual, and reuniting with their loved ones and community. These two admissions bookends are the reason Pat gets up and comes onto campus every day for the past 15 years.



In his spare time, Pat enjoys spending time with his wife, Cindy, and sons Jordan and Dylan. Favorite activities include camping, yoga and playing with his two dogs.

*To schedule a tour of our campus or inquire about our programs and services, please contact Pat directly at 603-286-8901 ext. 202 or [pseawardsalvati@spauldingyouthcenter.org](mailto:pseawardsalvati@spauldingyouthcenter.org).*

## *Virtual Expedition Down the Grand Canyon*



EChO staff and students are excited for their descent down the Grand Canyon – by means of virtual simulation! As part of the planned lesson on explorer John Wesley Powell's epic 1869 trip down the Colorado River through the Grand Canyon, students will learn about the necessary skills required for this expedition, including packing, planning, river travel and navigation. Students will also learn about the planning that takes place for present-day trips to the Grand Canyon.

Each class is encouraged to "move for miles" this spring by tracking their exercise. Our goal is to complete Powell's 930-mile trip by tracking students' physical activity around campus and by using Unicef Children's Arm Bands during EChO classes. This program encourages kids to be active by counting steps and earning exercise-based rewards

to help malnourished children around the world. In May, each class will build a cardboard replica of one of Powell's boats and then actually use it to paddle Hermit Lake in June!

The EChO team is looking forward to executing these activities based on this historical expedition and teaching our students to embrace challenges and turn them into a positive experience. Growth through true adventure!

### **DONATE TODAY IN THREE EASY WAYS**

*We appreciate your consideration to help children reach their greatest potential. To make a contribution to Spaulding Youth Center today:*

1. Donate online at [spauldingyouthcenter.org/give](http://spauldingyouthcenter.org/give)
2. Mail a donation to 72 Spaulding Road, Northfield, NH 03276
3. Contact the Foundation office at 603-286-7500

*Thank you for supporting the children and youth of Spaulding Youth Center.*